

Worst Idea First — Pre / Post Answer Sheet

Answer twice: once before the activity (about your own week), once after the debrief (about this session). Circle one number per row.

Report group-level deltas only. Never rank groups or individuals — the round measures the room's safety, not wit. · scoring: sum · range [6, 30]

PRE — about my own last week

# / Statement	never 1	rarely 2	sometimes 3	often 4	always 5
1 · I say the awkward thing in meetings, not after them.	1	2	3	4	5
2 · I name risks before they happen, not in the post-mortem.	1	2	3	4	5
3 · I keep the risky half of my opinion to myself. (reverse)	1	2	3	4	5
4 · My feedback is specific enough to act on.	1	2	3	4	5
5 · Playfulness helps my team say true things.	1	2	3	4	5
6 · When I spot a failure mode, I can flip it into a preventive action.	1	2	3	4	5

POST — about the session we just ran

# / Statement	never 1	rarely 2	sometimes 3	often 4	always 5
1 · During the worst round, awkward things got said inside the game.	1	2	3	4	5
2 · The worst ideas named real risks — before any of them happened.	1	2	3	4	5
3 · There was a worst idea I thought of and did not say. (reverse)	1	2	3	4	5
4 · The flipped actions were specific: owners, dates, one line each.	1	2	3	4	5
5 · The laughter made the room more honest, not less.	1	2	3	4	5
6 · Flipping worst to prevent came naturally by the second round.	1	2	3	4	5