

Relay Brief — Pre / Post Answer Sheet

Answer twice: once before the activity (about your own week), once after the debrief (about this session). Circle one number per row.

Report individual before/after deltas and the team's average shift. Never rank people by how much they dropped — the relay loses information at every hop by design; the point is the pattern, not a culprit. · scoring: sum · range [5, 25]

PRE — about my own last week

# / Statement	never 1	rarely 2	sometimes 3	often 4	always 5
1 · When something is passed to me verbally, I catch all of the constraints.	1	2	3	4	5
2 · Before acting on an instruction, I restate it back to the person who gave it.	1	2	3	4	5
3 · When an instruction is unclear, I fill the gap with what seems obvious and move on. (reverse)	1	2	3	4	5
4 · I can rebuild a task's requirements from memory well enough to act on them.	1	2	3	4	5
5 · I trust that one clear telling of a brief is enough — no need to write it down. (reverse)	1	2	3	4	5

POST — about the session we just ran

# / Statement	never 1	rarely 2	sometimes 3	often 4	always 5
1 · Seeing the brief shrink hop to hop showed me how much a verbal handover really loses.	1	2	3	4	5
2 · After the relay, I want to restate a brief back before I act on it.	1	2	3	4	5
3 · The relay proved how each hop quietly fills gaps with guesses. (reverse)	1	2	3	4	5
4 · The final rebuild proved how little survives memory across even four hands.	1	2	3	4	5
5 · The relay made me want the brief in writing, not one voice down a line. (reverse)	1	2	3	4	5