

Minefield — Pre / Post Answer Sheet

Answer twice: once before the activity (about your own week), once after the debrief (about this session). Circle one number per row.

Report pair-level deltas only. Never rank individuals — the crossing measures the pair's trust loop, not courage. · scoring: sum · range [6, 30]

PRE — about my own last week

# / Statement	never 1	rarely 2	sometimes 3	often 4	always 5
1 · When I am responsible for someone, my instructions get clearer.	1	2	3	4	5
2 · I can act on a colleague's word without seeing the situation myself.	1	2	3	4	5
3 · Under pressure I talk faster instead of clearer. (reverse)	1	2	3	4	5
4 · I stop and ask before a risky step, even when it slows things down.	1	2	3	4	5
5 · Being responsible for someone's outcome weighs on me more than my own.	1	2	3	4	5
6 · After a miscommunication, I rebuild the channel before continuing.	1	2	3	4	5

POST — about the session we just ran

# / Statement	never 1	rarely 2	sometimes 3	often 4	always 5
1 · As navigator, responsibility made our instructions clearer.	1	2	3	4	5
2 · As walker, we acted on the voice without seeing the course.	1	2	3	4	5
3 · When the walker wobbled, the instructions got faster, not clearer. (reverse)	1	2	3	4	5
4 · The stop word (or the wish we had used it) showed up in our crossing.	1	2	3	4	5
5 · After swapping roles, being the navigator was the harder side of trust.	1	2	3	4	5
6 · After our near-miss, we changed how we talked — then kept walking.	1	2	3	4	5