

First-Session Intake — Prop Cards

Print-order specification

Trim size	63.5 × 88.9 mm (poker standard)
Bleed	3 mm on every edge
Safe margin	4 mm inside the trim line
Corner radius	3.5 mm die-cut (industry standard)
Stock	300–350 gsm coated card, linen finish recommended
Ink	RGB original; convert to CMYK at the printer (FOGRA39 / GRACoL)
Sheet	A4 portrait, 2 × 3 layout, single-sided; print two copies for table sets
Contents	6 cards; branded backs sheet and blanks included

Cut & assemble

1. Print the fronts sheet on card stock; print the backs sheet in the same batch if your printer supports duplex mirror.
2. Cut along the die-guide frames, or Guillotine using the corner guides.
3. Round the corners with a 3.5 mm corner punch, or send to a card printer with the spec above.
4. One deck per pair of 2–3 participants; the blank faces are refillable.

START HERE

1

The loop

Intake sheet + consent card go out before booking. Session one opens on their answers, never on blank forms.

The client owns the intake; you own the loop.

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BEFORE

2

Intake prompts

History, goal, constraints — five to eight items, one line each. Sent early enough to be filled honestly.

Read the intake before the session; that is the whole trick.

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BOUNDARIES

3

Consent & boundaries

Scope, fees, confidentiality limits, cancellation — on its own page, with a named human to ask.

Session one opens by asking what they disagreed with.

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IN SESSION

4

The one thing

“If we only fix one thing by session three, what is it?” The answer stays in the client’s words, written down.

Quote or nothing — a paraphrase is a plan nobody believes in.

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AFTER

5

The 48-hour line

Follow-up goes out within two days: one task, one date, one sentence about the fee. Every client, no exceptions.

Cases are not lost in session one; they are lost in the week after it.

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WATCH-OUT

6

Four ways this goes wrong

1. Intake as interrogation. 2. Consent folded into paperwork. 3. The goal never lands in one sentence. 4. The silence after session one.

This is workflow paper, not clinical guidance — judgment stays yours.

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FIRST-SESSION INTAKE



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YOUR OWN



Your own

Write a prompt for this room on the blank faces before you print.

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